## Harmony Middle School Competitive Sports Schedule 2021-2022

## **August-September**

**October-December** 

January-February February-April

**April-May** 

Girls and Boys Cross Country Girls and Boys Golf Girls and Boys Soccer Girls and Boys Volleyball Competitive Cheerleading Girls and Boys Basketball Girls and Boys Flag Football Wrestling (TBA) Girls and Boys Track/Field Girls Fast Pitch Softball

\* Tryouts/practices for sports may actually begin prior to the month listed for each sport. Tryout information will be posted outside of the gym area and sent out via REMIND app: (text @hrmssports to 81010 to sign up)

\* A current completed Osceola Middle School Physical packet (11 pages) must be turned in and approved by PE staff at least one day prior to trying out. \*\* Also, Concussion IMPACT computer testing must be completed at home via computer once every 365 days by the student. Once they are approved, a student can try-out for any sport for that year (as long as they meet the GPA requirement.) The student must turn it in personally to any of the PE coaches. Packets are available in the gymnasium, front office and school website: www.osceolaschools.net/hrms (under Athletics.)

\* Concussion baseline testing- (computer based) must be completed by all students wanting to try-out for any sport every 365 days. Instructions are on the website. Any questions, contact Coach Schafer at <u>randall.schafer@osceolaschools.net</u> This must be taken prior to turning in your packet with the date written on the check sheet.

FYI: OPEN INTRAMURALS: Open play for students to work on their skills in each sport. Schedule will be sent out on REMIND. The "Open Facilities and Summer Athletic Participation Form" must be filled out.

## \*\* Sign up for REMIND text messages for all HRMS Sports info, tryouts and Open Intramurals by texting @hrmssports to 81010.